

Insight Seminar Series - Semester 1, 2017

FREE – Wednesdays 10:00 - 11:00am (Australian Eastern Standard Time)

Join in person or via web-conference by visiting www.insightqld.org – Select “Webinar” – Participant code: 52365378

Insight Training and Education, Metro North Mental Health – Alcohol and Drug Service. 4th Floor, Biala, 270 Roma Street, Brisbane. P: (07) 3837 5655 | E: insight@health.qld.gov.au

☐ The top 12 things in AOD in 2017 (you won't believe No.7!)

MARCH 08

Jeff Buckley

Director – S'wide Clinical Support Services, Metro North HHS

Linda Hipper

Director - Addiction Services Academic Clinical Unit, Metro Sth

Rebecca Lang

Chief Executive Officer – QNADA

2017 kicks off with an overview of everything hot in the national and state AOD sector right now. Join us for a birds-eye-view of all of the scintillating strategies, amazing action plans, punchy policy developments, fantastic funding announcements and wondrous workforce events for the upcoming year.

☐ Neuroscience and motivation within mental health and alcohol and drug contexts

MARCH 15

Dr Frances Dark

Clinical Director

Rehabilitation Academic Clinical Unit, Metro South HHS

Neuroscience is helping elucidate the neuropathological pathways of disorders of motivation. This presentation will review the literature with particular relevance to motivation in people who experience substance use disorders and schizophrenia and discuss the application to treatments now and in the future.

☐ Natural recovery with cannabis use and psychosis

MARCH 22

Shane Rebgetz

Team Leader

Caboolture Mental Health Service, Metro North HHS

Treatments for people with psychosis who use cannabis typically have limited and poorly sustained effects. This presentation provides an overview of research exploring how this client group can cease using cannabis without substantial assistance, including the most important predictors of successful outcomes.

☐ Steroid and body image drug use indicators for Australian young men

MARCH 29

Tim Piatkowski

PHD Student

Queensland University of Technology (QUT)

Steroids and other body image drugs differ from conventional drugs of dependence, with emergent literature highlighting primary intention of use to be appearance-related. In this presentation drive for muscularity and polysubstance use will be prefaced with an overview of peer-reviewed literature, forensic intelligence, needle service provider's (NSPs) data, and national survey findings.

**NO SEMINARS 5th and 12th APRIL
DURING QLD SCHOOL HOLIDAYS**

☐ Surviving your child's cannabis dependence

APRIL 19

Tim Emerton

Nurse Practitioner

Biala Acute Care Service, Metro North HHS

Discover a way through the challenges associated with parenting and cannabis dependence. Using real-life case examples, this presentation will examine areas of boundary setting, effect on family dynamics, self-care and supports.

☐ Managing aggression in the work environment

APRIL 26

Niall Higgins

Senior Research Fellow

RBWH - Metro North Mental Health Service, Metro North HHS

Safewards is a new model of care designed to reduce conflict (aggression, rule breaking) and containment (coerced medications, restraint and seclusion) in inpatient settings. It explores ways of reducing the frequency of aggression, risk of violence and harmful events, thereby keeping patients and staff safer in hospitals.

☐ Attention Bias Modification Training and its role in AOD treatment

MAY 03

Dr Melanie White

Senior Lecturer - School of Psychology & Counselling, QUT -

IHBI Behavioural Neuroscience and Mental Health Program

Attention Bias Modification Treatment (ABMT) is a newly-emerging, promising treatment used for anxiety disorder. It has also been found to be effective in treating depression, pain and alcohol and drug problems. This presentation explores the latest of ABMT and its application in AOD treatment settings.

☐ Elephants in the room

MAY 10

Dr Jeremy Hayllar

Clinical Director

Metro North Mental Health – Alcohol & Drug Service

While the latest research may offer new insights into the field of alcohol and drug, sometimes key messages from older pieces of work may be overlooked or taken for granted. This presentation will explore some potentially forgotten elephants in the alcohol and drug consultation room.

☐ Preliminary results and discoveries from implementing an AOD capacity building initiative in Logan, QLD

MAY 17

James Hoey

Community Liaison Officer

Metro South Addiction and Mental Health Services

In 2016, the Metro South Addiction Service commenced a new community capacity building project designed to enhance the ability of generalist support services to respond to AOD-related harm within the Logan area. This presentation explores project achievements to-date, the framework and evaluation methodology that underpins it, and how they support the transfer of research into practice.

☐ Psychedelic science – curse or salvation?

MAY 24

Dr Nikola Ogyenovits

Medical Officer

Metro North Mental Health – Alcohol & Drug Service

The psychopharmacology of psychedelics presents us with a complex and intriguing set of questions about their possible use - and misuse - in society. This presentation will provide an insight into the world of psychedelic science examining recent international research looking at their potential application in the treatment of addiction.

☐ Benefits associated with soft entry approaches to clinical work

MAY 31

Steven Pattison

Social Worker

Metro South Addiction and Mental Health Services

The AOD Clinical Liaison Service was developed to work with “hard to reach” families with children 0-8 years old. Discover the benefits of an AOD model of practice that was developed in collaboration with the communities’ soft entry model of practice framework.

☐ A little less conversation, a little more action

JUNE 7

Michelle Taylor

Occupational Therapist – Insight

John Kelly

Senior Psychologist – Biala and Youth Allied Health Service

‘Sensory Approaches’ is a collective term for interventions that focus on supporting the client to achieve regulation of affect, attention and behaviour through regulation of bodily arousal states using a range of sensory inputs. In this presentation you’ll discover how clients and clinicians have used and benefited from sensory approaches in the treatment of problematic substance use.